



The Queens Road Medical Centre
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Our ref: «Pat.Pmrecno»

«Pat.Title» «Pat.Forenames1» «Pat.Surname»
«Pat.CurrAdd.Full»

«CurrDate.Long»

Dear «Pat.Title» «Pat.Surname»

You are invited to come in for *free* cervical screening!

We are writing to invite you to make an appointment for cervical screening.

We offer **free** cervical screening (previously known as a smear test) to all women and people with a cervix aged 25-49 years every three years and every 5 years for 50-65 year olds. The Cervical Screening Programme now uses human papillomavirus (HPV) testing as a new screening test. HPV is a virus that is very common. It can infect the genital areas of both men and women.

It usually shows no signs or symptoms and goes away on its own so you won't even know you have it. However, some types of HPV can cause abnormal cells in the cervix and sometimes these abnormalities can develop into cancer. You should consider having cervical screening regardless of your sexual orientation, sexual history or whether you have had the human papillomavirus (HPV) vaccination. The test only takes a few minutes.

The test should be performed in the middle of your monthly cycle or at any time if you are no longer having periods. The use of vaginal lubricants such as Vagifem, Yes, Replens or Sylk should be stopped 7 days before your appointment.

You will not require cervical screening if you are pregnant, but please arrange your test no earlier than 12 weeks after your delivery date.

Your choice.

It is up to you whether or not to have cervical screening, but did you know that cervical cancer is one of the most common cancers in the Bailiwick of Guernsey? The good news is that cervical cancer can often be prevented through cervical screening, which is **free** with a nurse at the surgery or your local contraceptive or sexual health clinic (Choices or the Orchard Centre).

What happens next?

Your result will be sent to your home and to your GP within 3-4 weeks of your test. If you do not wish to be contacted by us for your cervical screening, please make an appointment with your GP to discuss this.

We will send another invite to you in three and six months' time if we have not heard from you. After this you will not receive another reminder for three or five years as appropriate.



If you have any questions or concerns about cervical screening or to book your appointment for cervical screening, please call the surgery on 724184. You can also find further information at www.gov.gg/screening

We look forward to seeing you soon.

Yours sincerely,

The Health Management Team
Queens Road Medical Practice